

Chiropractic Fee Schedule

Dr. Kathy Wickens, B.Sc.(Hon), D.C.
Dr. Elizabeth Carter, B.Kin., D.C.

Initial Assessment:

Adults (19-64 yrs.)	\$135.00*
Seniors (65 and over)	\$130.00*
Youth (14-18 yrs.)	\$110.00*
Child (13 yrs. and under)	\$80.00 *

* This fee includes follow-up appointment with adjustment

Routine Office Visit:

Adult (19-64 yrs.)	\$50.00
Seniors (65 and over)	\$45.00
Youth (14-18 yrs.)	\$35.00
Child (13 yrs. and under)	\$30.00
Ultimate Adjustment Any of the above + 15 mins on Massage Bed	Above + \$10.00 Save \$5.00

Other:

House Calls	\$75.00
Emergencies/Out of Hours	\$75.00
C.A.T.S (Cranial Adjustments Turner Style)	\$50.00 Adult \$35.00 Child/Youth
C.R.T (Cranial Release Technique)	\$45.00 Adult \$30.00 Child/Youth
Reports/Letters	\$250.00
Doctors Notes	\$15.00

Brain Based Wellness

Stress Response Evaluation	\$80.00	HST \$10.40
Mindfit Session	\$40.00	HST \$5.20
ZenFrames + 16 Sessions	\$395.00	HST \$51.35

Massage Fee Schedule

Kaitlyn Ryan, RMT
Dillon Lowry, RMT
Alanna Dyer, RMT

Time	Fee	HST	Total
30 min.	\$50.00	\$6.50	\$56.50
45 mins.	\$65.00	\$8.45	\$73.45
60 mins.	\$80.00	\$10.40	\$90.40
90 mins.	\$110.00	\$14.30	\$124.30
120 mins.	\$135.00	\$17.55	\$152.55

In addition to therapeutic massage, ask for one of these specialty massages.

- Pregnancy Massage
- Lymphatic Drainage
- Intraoral/TMJ
- CranioSacral
- Deep Tissue
- Swedish Massage
- Sports Injuries

Chair Massage Available

Chair Massage is a style of seated massage that is typically short - 10-15 minutes - and focuses on your back, shoulders, neck and arms. Chair massage is done over clothes and doesn't require any massage oil.

Time	Fee	HST	Total
15 mins.	\$25.00	\$3.25	\$28.25

Personal Trainer

Sarah Salisbury, B.Sc.N
Certified Fitness Trainer,
Specialist in Fitness Nutrition

1 Person	\$40/hour	HST \$5.20
2 People same time	\$60/hour	HST \$7.80

Ask for a tour of our gym and a schedule of our group classes!

Infrared Sauna & Hydro Massage Bed

First Session Free

15 minutes	\$15.00
30 minutes	\$20.00
45 minutes	\$25.00

Orthotics & Compression Stockings

Computerized Gait Scan Analysis	\$55.00
Orthotics	\$450.00
Duplicate Insurance Submission Package	\$10.00
Recovered/Repaired* Orthotics *not covered under warranty	\$75.00
Stock Modified Orthopedic Shoes	\$550.00
Stock Modified Orthopedic Workboots	\$600.00
Therafirm Compression Stockings Reg.	\$70.00 + HST
Therafirm Core-Spun Socks	\$85.00 + HST
Airway Surgical Calf Sock (mens/womens)	\$35.00 + HST

Acupuncture

Dr. Elizabeth Carter, B.Kin., D.C.

Initial (new to office)	\$70.00
Initial/Routine (current chiro patients)	\$50.00

Gift Certificates are available for all services!