

# Chiropractic Fee Schedule

**Dr. Kathy Wickens, B.Sc.(Hon), D.C.**  
**Dr. Elizabeth Carter, B.Kin., D.C.**

## Initial Assessment:

|                           |         |
|---------------------------|---------|
| Adults (19-64 yrs.)       | \$85.00 |
| Seniors (65 and over)     | \$85.00 |
| Youth (14-18 yrs.)        | \$75.00 |
| Child (13 yrs. and under) | \$50.00 |

## Routine Office Visit:

|                                                                                       |                                                                       |
|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| Adult (19-64 yrs.)                                                                    | \$50.00                                                               |
| Seniors (65 and over)                                                                 | \$45.00                                                               |
| Youth (14-18 yrs.)                                                                    | \$35.00                                                               |
| Child (13 yrs. and under)                                                             | \$30.00                                                               |
| Ultimate Adjustment<br>Adjustment + 15 minutes on<br>Hydro Massage Bed                | Above + \$10.00<br>Save \$5.00                                        |
| Memory Enhancement<br>Adjustment + Laser                                              | Above + \$10.00                                                       |
| C.R.T<br>(Cranial Release Technique)<br>C.A.T.S<br>(Cranial Adjustments Turner Style) | \$50.00 Adult<br>\$45.00 Seniors<br>\$35.00 Youth<br>\$30.00 Children |

## Other:

|                          |          |
|--------------------------|----------|
| House Calls              | \$75.00  |
| Emergencies/Out of Hours | \$75.00  |
| Reports/Letters          | \$250.00 |
| Doctors Notes            | \$15.00  |

## Brain Based Wellness

|                         |          |             |
|-------------------------|----------|-------------|
| Mindfit Session         | \$40.00  | HST \$5.20  |
| ZenFrames + 16 Sessions | \$395.00 | HST \$51.35 |

# Massage Fee Schedule

**Alanna Dyer, RMT**    **Dillon Lowry, RMT**  
**Lindsey Cannon, RMT**

| Time      | Fee      | HST     | Total    |
|-----------|----------|---------|----------|
| 30 min.   | \$50.00  | \$6.50  | \$56.50  |
| 45 mins.  | \$65.00  | \$8.45  | \$73.45  |
| 60 mins.  | \$80.00  | \$10.40 | \$90.40  |
| 75 mins.  | \$95.00  | \$12.35 | \$107.35 |
| 90 mins.  | \$110.00 | \$14.30 | \$124.30 |
| 120 mins. | \$135.00 | \$17.55 | \$152.55 |

**In addition to therapeutic massage, ask for one of these specialty massages.**

- Pregnancy Massage
- Lymphatic Drainage
- Intraoral/TMJ
- CranioSacral
- Deep Tissue
- Swedish Massage
- Sports Injuries

## Chair Massage Available

Chair Massage is a style of seated massage that is typically short - 10-15 minutes - and focuses on your back, shoulders, neck and arms. Chair massage is done over clothes and doesn't require any massage oil.

| Time     | Fee     | HST    | Total   |
|----------|---------|--------|---------|
| 15 mins. | \$25.00 | \$3.25 | \$28.25 |

## Personal Trainer

**Sharlee Moran, Certified Fitness Trainer,  
 Functional Training, Fitness Nutrition**

|                    |              |            |
|--------------------|--------------|------------|
| 1 Person           | \$25/30 mins | HST \$3.25 |
| 1 Person           | \$40/hour    | HST \$5.20 |
| 2 People same time | \$60/hour    | HST \$7.80 |

# Acupuncture

**Dr. Elizabeth Carter, B.Kin., D.C.**

|                                          |         |
|------------------------------------------|---------|
| Initial (new to office)                  | \$70.00 |
| Initial/Routine (current chiro patients) | \$50.00 |

## Laser Therapy

|                         |          |
|-------------------------|----------|
| Laser Therapy Treatment | \$40.00  |
| 10 Treatments - prepaid | \$300.00 |

## Infrared Sauna & Hydro Massage Bed

### First Session Free

|            |         |
|------------|---------|
| 15 minutes | \$15.00 |
| 30 minutes | \$20.00 |
| 45 minutes | \$25.00 |

## Orthotics & Compression Stockings

|                                                              |               |
|--------------------------------------------------------------|---------------|
| Computerized Gait Scan Analysis                              | \$55.00       |
| Orthotics                                                    | \$450.00      |
| Duplicate Insurance Submission Package                       | \$10.00       |
| Recovered/Repaired* Orthotics<br>*not covered under warranty | \$75.00       |
| Stock Modified Orthopedic Shoes                              | \$550.00      |
| Stock Modified Orthopedic Workboots                          | \$600.00      |
| Therafirm Compression Stockings Reg.                         | \$70.00 + HST |
| Therafirm Core-Spun Socks                                    | \$85.00 + HST |
| Airway Surgical Calf Sock (mens/womens)                      | \$35.00 + HST |

**Ask for a tour of our gym and a schedule of our group classes!**

**Gift Certificates are available for all services!**