



# Chiropractic Care & Longevity Center

Dr. Kathy Wickens B.Sc. (Hon.), D.C. & Associates



September 2018

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5 Gore Street West  
Perth, ON K7H 2L5  
613-264-0616

[www.chirolongevity.com](http://www.chirolongevity.com)

Our mission at Chiropractic Care & Longevity Center is to be dedicated and successful chiropractors serving the community of Perth and district by offering the finest chiropractic health care services with professionalism, clinical expertise and compassion.

## Join us in welcoming our new Chiropractic Assistants! 😊



### Laura Guindon Chiropractic Assistant

Originally from Carleton Place, she now resides in Clayton with her husband Neil and her two labs, Charlie and Tucker. In her spare time, she can be found spending time with friends and family, working on a project around her home, or planning her next trip. Laura is looking forward to expanding her knowledge of chiropractic and holistic medicine.

Laura will be at the front desk to help you with anything you may need.

### Emily Hamilton Clinical Assistant

Emily was born and raised outside Toledo. She attended high school in Athens and continued her education in Brockville at St. Lawrence College enrolled in the Practical Nursing program. In 2014, Emily returned to school to complete the Health Information Management program and later took a Health Office Administration course in 2016. After graduating in 2017, she immediately began working as a Laser Technician, at a local office and gained extraordinary hands-on experience with Low-Level Laser Therapy, helping clients with acute and chronic pain conditions.

Emily will be the laser technician, as well as the clinical assistant for all the new patient consultations.



Happy 123<sup>rd</sup>  
Birthday  
Chiropractic!



Tuesday, September 18<sup>th</sup>

# Direct Billing is now available at CCLC!



Chiropractic Care & Longevity Center \* 5 Gore Street West, Perth

**NEED to improve health and wellness?**  
**WANT to drink tea, coffee and hot chocolate?**  
**Let us show you how to combine your NEEDS and WANTS in one delicious way!**

Dr. Kathy Wickens will be presenting on our new favourite products



September 8, 2018  
2 pm  
Bring a friend, sample our products, and learn

RSVP by calling 613-264-0616 or Email us at [chirocare@primus.ca](mailto:chirocare@primus.ca)



**Do you have some weight to loose?**


Join Dr. Kathy Wickens and learn about a new Clinically proven weight loss program that is now available in our office!

**Where:**  
**The Chiropractic Care & Longevity Center**  
**5 Gore Street West**  
**When:**  
**September 26, 7:00 pm**

Want to know more?  
**RSVP Now!**  
**613-264-0616**



**Discounts on products:** We offer a 10% discount on Senior's day (1<sup>st</sup> Tuesday of every mth, and on bottle returns. **Excludes doTERRA & Organo.**

The office will be closed Saturday, October 6<sup>th</sup> and Monday, October 8<sup>th</sup> for the Thanksgiving weekend. We hope you all have a fantastic holiday with family and friends. 

The Chiropractic Care & Longevity Center  
If you have any comments or suggestions about our Monthly Newsletter please email: [chirocare@primus.ca](mailto:chirocare@primus.ca)  
Thank you for reading our office newsletter!  
We're on the Web!  
See us at: [www.chirolongevity.com](http://www.chirolongevity.com)

Also:



## Fitness Classes Returning this Fall!

Join Sharlee Moran, CFT for our popular fitness classes returning Tuesday, September 18<sup>th</sup>, 2018

### Tuesdays

I Hate Exercise Class 5:30-6:30 pm  
Core Movement Class 6:30-7:30 pm

### Thursdays

I Hate Exercise Class 5:30-6:30 pm

First Class is **FREE!**

For a full list of class dates and to sign-up for these classes, please see the front desk staff or call the office at 613-264-0616 or email [chirocare@primus.ca](mailto:chirocare@primus.ca)



Empowered Wellness:  
using essential oils  
as nature's solutions

simplifying the natural products journey for you...saving you time, frustration and money.

**Wednesday, September 12**  
**3pm**

**Chiropractic Care & Longevity Center**  
**5 Gore Street West in Perth**

Go Lo Tox and improve your life!

featuring special guest from Vancouver Island with Diamond Club incentives!



Ashley Finnigan  
&  
Carolyn Barter  
doTERRA Wellness Advocates

